Wildcat Chronicle

WestChicago Community High School
West Chicago, IL 60185
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When its time to Change

By Nichole Cordin
If you haven't noticed, there are ten periods this year instead of seven. Although there are still only seven classes, the new time slots allow for more lunches which were needed because of the schools booming population. Along with the extra periods, comes the warning bell. This new addition warns students when they have a minute left to run to class.

"The warning bells are cool, they really help me get to class on time," says senior Raven Moore. It is not uncommon to hear Dr. Jones and Mr. Highland hurry

New Schedule Confuses Students

New time schedule Period Time 7:55 - 8:50 2 8:55 - 9:50 3 9:55 - 10:55 11:00 - 11:25 5 11:30 - 11:55 12:00 - 12:25 12:30 - 12:55 8 1:00 - 1:25 9 1:30 - 2:25 10 2:30 - 3:25

Homecoming Wrap

Raven Moore One of West Chicago's biggest high school events is now over. A lot has happened in the past few days and Homecoming is now officially over. Saturday, September 25, brought constant rain which spoiled the window painting. Sophomores won the event, with juniors and freshman tying, and seniors chain further than beauting of the rain washed away the paint. Floating building occupied Sunday and continued through Thursday night. Monday the Homecoming candidates were announced. The

candidates were Monique

Cleminson, Betsy Co, Sheridan

Daleiden, Mandy Lobraico,

Raven Moore, Rachel Owens, Jennie Ray, Shannon Walking,

Todd Reffett, Dan Schoenenberger, Jim Smiley, Billy Tuma, Scott Weber, Mike Winterhalder. Tuesday brought a Wheaties eating contest. The Wheaties contest was won by sophomores. Wednesday was dress up day. Seniors wore Bulls memorabilia, Juniors were in Chicago Power and soccer wear, Sophomores wore Blackhawks gear, and freshman were in Sox clothing. Rootbeer drinking occupied Thursday. The juniors quenched their desire for a first place finish. Friday was the day that everyone had awaited. The school pep assembly was filled with a tugof-war, Homecoming king and queen coronation with Miguel Perez and Betsy Co winning, and a taste of West Chicago that consisted of an array of food for

Jenny Weigand, Caroline Yong,

Rene Castillo, Rolando Chavez,

Fonzie Medina, Miguel Perez,

the students.
The Homecoming parade and football game on Saturday brought out West Chicago's alumni. The parade on Saturday morning was successful, but cold. The junios float finished first despite the fact that it got trashed. The football game against Glenbard North ended in a 0-14

Overall the Homecoming week was conquered by the juniors with the freshman, seniors, and sophomores finished respectively.

Thanks to all who made this year's Homecoming special!!!

FBLA

Nichole Cordin

This year FBLA is off to a great start. The plans in the making include Homecomming Activities, the National Fall Leadership Conference, and a new community service projects. The volley ball tournament was a great success, as was the car wash, bringing in about \$200.

Sports of the Windy City

Homecoming 1993

King and Queen

Elizabeth Co Miguel Perez

New Parking at WCCHS

A new parking system has been installed at WCCHS. Students are now parking in 3 lots on the north end of the building. In the past, students parked in one large south lot and one north west lot.

Parking is a big issue to students, but the administration has made it clear that the school is not in the parking business. It is not their responsibility provide parking or attendants for this purpose. 300 students potentially could drive. With only approximately 100 spots, some students will not be happy.

Last year a new method of parking was tried. Students could park in their own desig-

nated spots. The spots were numbered and students were guaranteed parking in the spot that corresponded to the sticker placed on the car. A fewer number of spots were given out, but students seem to like that policy. "The policy was fair last year because if you had a sticker you were guaranteed a space" stated Nichole Cordin, senior.

Another reason for a new policy, was that the available parking was not being maximized. "Most students do not drive every day "explained Steve Kimery. Everyday 10% of WeGo students are absent. If these students are not present, their spot would sit empty all day with last year's policy,. 10-20% of the driving students do not drive on a regular basis. Under these circumstances, "the old policy is not effective" said Anthony Mennella, "It does not effectively use the available space."

One reason for the switch, according to Kimery, is to

toring the lots is not one of the administration's concerns, with student lots spread all over, the supervisors could not monitor students. With the lots closer, monitoring the lots is less of a hassle. This reduces car theft and vandalism, (Both of which are not under the responsibility of the school) both have been a problem in the past.

Also, with this method, students will all enter the building through the same entrance.

This will help insure the safety of the students by not allowing non-students to enter the building

Some students are disappointed with the new parking policy. "If you pay twenty dollars for a sticker you should be guaranteed a spot." stated Raven Moore, senior. Kimery thinks the program is fair and adds "If you don't want to take the chance, don't buy the sticker"

Jpcoming Events

October 7, 1993 October 11, 1993 October 20, 1993 Early dissmissal-Parent Open House No School-Columbus Day Representatives leave for Washington D.C.

October 21, 1993 October 28-30 Orchestra and Choir Contest Fall Play-The Mouse Trap 7:30 Weyrauch Auditorium October 29, 1993 End of 1st quarter

October 31, 1993 Halloween

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Asbestos Removal is Common in Renovation

by David Vingren

Due to the demand of state regulations, asbestos removal was performed in renovated classrooms during the summer.

Flooring was replaced in rooms 110, 201, 304, 307, and 310; all of which were built in 1926. Asbestos was located in the floor tiles where government asbestos control regulations require its removal because of the construction performed.

"It's pretty much standard procedure," Assistant Superintendent Jim Mast said.

Of the \$500,000 spent on total school renovating over the summer, \$35,000 was spent on the removal, which was performed by Westmont based Environmental Specialty Control Inc.

Included in the removal costs was a monitor, which

four years roon. The statematis-

removal regulations demand, who counts the asbestos fibers in the air to assure there are no health hazards where construction is performed.

The monitor was provided by the same corporation for approximately \$7,000.

According to Mast, asbestos still remains, but mostly in floor tiles.

Mast said that it is less hazardous to the air to leave the asbestos floor tiles as they are, as long as no construction is performed, rather than remove it.

"We have very little [asbestos] outside floor tiles," Mast said. "The floor tiles are very stable material, so they're not giving off fibers."

The removal has been common procedure for the past five years in which school renovating has been most active.

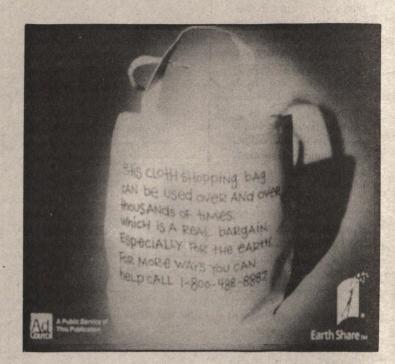
"The last four or five years [renovation] have been increasing," Mast said.

Most work was done in the industrial arts section on the first floor. Some of the classrooms were converted into teachers conference rooms and vice-versa.

Also included in the summer renovating was the conversion of three second floor classrooms to a computer lab for 90 new IBM computers, remodeling on some third floor classrooms, replaced roofing on the west side of the second floor, and a just completed bus drive-through off of Joliet Street.

The money for the construction comes from the Operations and Maintenance Fund, the school's second largest fund, which is composed of approximately 75% tax money and 25% federal grants.

"[The \$500,000] is pretty consistent with past years," Mast said.



Student Council Stats

Student Council has had a hecticstart. "Homecoming is our whole job"says Raven Moore, senior class president. The parade, the dance, the fun, its all Student Council.

The council has met 3 times this year to plan the activities. "It's hard to plan activities that the students enjoy because we are working within school regulations" said Moore. The Council has put together all the before school activities. "The rootbeer drinking contest was great!" said Nichole Cordin, participant. Another activity that took place before school was the Wheaties Eating Contest. Students found it quite entertaining to watch their friends eat a whole box of Wheaties.

The Homecoming Dance is probably one of the most attended Student Council function. Being a popular dance, it is a great way to participate in a student Council activity. The council is in charge of decorating, selling tickets, finding chaperones and cleaning up. The best part of the dance, according to John Gabbard, is "the jump around song (by House of Pain)".

To service the school is one of the goals of Student Council. Their first "service activity" will be student guides for Parent night.
They will help YOUR
parents find their classes. It
is just as hard for them to
find classes as it was for you
on the first day of school.
Wish them luck.

The October Blood Drive is an annual Student Council event. This is a service to the community because the blood goes to area hospitals. Heartland Blood centers collects the blood and is responsible for distributing it. On October 21, 1993 Student Council will run the drive and help the donors. All students 16 years or older can get involved in this activity by giving blood in the Small Gym.

Keeping in mind the Student Council goals, if you have any suggestions about the council or their activities, drop a note in the Student Council Suggestion box located in the LRC between the drinking fountains.

Do something good.

Feel something real.

From now on in America, any definition of a successful life must include serving others. To find out how you can help in your community, call 1 (800) 677-5515.





Gang Policy

Anthony Mennella

For over a year, a committee consisting of students, teachers, administrators, and police, have been working on a policy dealing with gangs and gang violence.

The school board is expected to approve a policy

pected to approve a policy that is to address anything associated with gangs. It states that anyone wearing colors associated with gangs. Itstates that anyone wearing colors associated with gangs, hats worn backwards or tilted to the either side, wearing certain earrings, shoe laces, etc., maybe suspended.

If a astudent is found wearing gang related apparel, he or she will be asked to take it off, if they refuse, then it will be demanded to be removed. The last resort would be a suspension and the calling of the student's parents and the police.

The committeew has worked very hard and long to write up this policy, and their main concern is for the saftey and well being of the students and gang members.

Does WeGo Recycle?

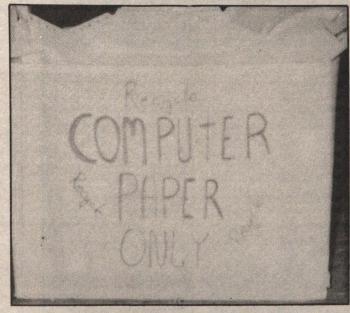
Rachel Owens

Iknow we've all heard about our wonderful blue ribbon school that is so environmentally correct. Well, have you noticed that there are no recycling bins in the office? Also, do we really recycle our aluminum cans?

Recycling is important to mebecause I am scared about our next generation. How many times have you heard, "I don't care I'm not going to have kids".

That may be so but no one can predict the future, and even if their not your kids they are someone's. Anyway there is a definite problem with the attitude of the people who do not care.

This is our school. If we, the students, were not here this school would not exist. If the students want a recycling program, we should have one. So whose responsibility is it? Is it the responsibility of the school to be environmentally correct? A group of kids have taken their time to recycle the paper that you and me use in our classes. What would happen if



Recycling bins tend to over flow because of lack of concern.

those students did not feel the need to recycle? No paper from our school would be recycled.

Is a school an appropriate place to recycle?

Students should be very concerned. This is our world they are dealing with. A solution would be to somehow inforce a mandatory recycling pro-

gram. Other alternatives would be to have each student responsible for a certain environmental task. If you care about this issue and you think something can be done, Speak up! You are not alone. Not a lot of people want our planet to go into a state of nuclear shock. People just do not know what to do about it.

high school hopes

Just be yourself

and treat every body the sam ...that should b

popularity.

Raven Moore

Popularity. It's a word that defines a high school social life.

But who defines who's popular? That's a question that boggles the mind of millions of insecure high school students.

It seems hard to understand. Is so me on e popular if they know a lot of people? Is so me on e popular if they make Poms or get voted onto Homecoming Court?

High school is said to be the greatest time in a young person's life. Though it seems too many people are so concerned about their social status to enjoy this time.

People should be seen as popular if they are nice to others and treat everyone no matter what their "social status" the same.

Though many are concerned about this high school trademark, others seem to be oblivious to the concept. This seems like the right path.

Just be yourself and treat everybody the same...that should be popularity.

I often wonder if college is the same as high school when it comes right down to this issue. Most likely the bigger the school the less noticeable this

issue will be.

There's to many people for gossip to b e prevelant and for perconcived judge-ments to be made. Every-

body just wants to be friends.
At least once a day I hear comments like,"Who's the most popular guy in your class?" or, "That guy is such a nerd-lookd at that shirt he has

People have to stop being so into their own social status and startre-evaluating who they are and who they want to be remembered as.

High school is just four years in the life of a person. The most judgemental, materialistic year's of a person's life.



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The Wildcat Chronicle is the student newspaper at the West Chicago Community High School. The views and opinions of the Wildcat Chronicle do not necessarily reflect or represent the majority of the staff or student body.

Any suggestions or comments for the newspaper can be delivered to Advisor Carrie Kostro in room 319 or to Perspectives editor Raven Moore. Letters to the editor should be no longer than 200 words. The paper has the right to exclude any letters that are inappropriate or will not fit in a particular issue.

The Wildcat Chronicle is a forum for freedom of expression and encourages readers to express their views and thoughts.

Perspectives

Wildcat Chronicle Tuesday October 5, 1993 page 4

Letters to the Editor

Dear Editor,

On Wednesday morning many teenagers all across America got together and prayed on football fields or around flagpoles to try to get prayer back in schools. As a born again Christian myself I think this is a big issue in schools today.

I think this is an issue that deserves more attention than a two sentence paragragh about what teens are trying to do. You may not be religious and may not understand what it all means, but you are supposed to report news that concerns a lot of students in the school and this issue does just that.

If you don't understand what the big deal is then interview and ask people like myself and other Christians. I hope you seriously consider doing a piece on this issue. In the article(if you do one) could you answer these questions for me: Why do we have freedom of religion, if we can't pray in schools?; What harm could be done if people prayed in schools?; In most books we read in high school have to do with religion of some form, how can we read this literature and still not talk about God and religion?

Sincerely, Nina Dyba

Dear Ms. Dyba,

We as a staff feel it is necessary to address your concern in this issue. Not one of us had heard of this event you wrote about. We would like to respond to your questions and share our ideas.

Religion in public schools currently is not a "big" issue. We understand a newspaper's responsibility is to report concerns a majority of the students have, but is this issue that major?

You realize if Christian prayers are made apart of our daily rituals, then Jewish, Muslim, and Hindu prayers must also be included. All students are allowed to bow their heads and say hail marys in the lunch line if it pleases them. In school, freedom of religion is allowed, not forced.

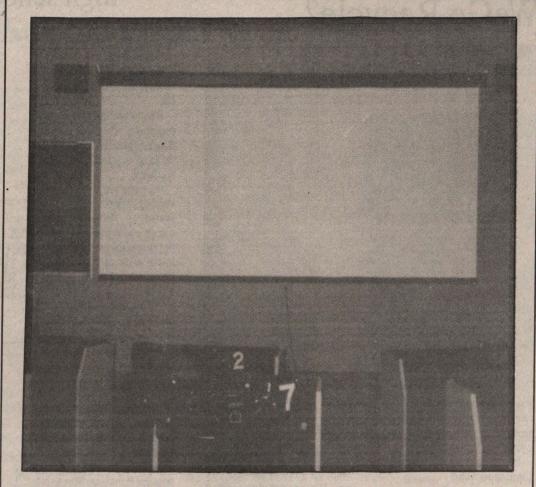
Prayer in school is not an issue of harm. The issue is religious intolerance. The only religious affiliation addressed in the letter is Christianity. Is it that you are denying other religions their freedom to pray in school also?

The high school books we've read do not teach or promote a certain religion, but only inform of its existence. In fact books that preach of a religion are not permitted.

We hope we've covered your issues and addressed your concerns.

Sincerely,

the Wildcat Chronicle staff



Wego's simulators turned out to be a costly endeavor.

Simulators far from "The Driving Challenge"

David Vingren

"The driving challenge" is a common phrase heard in Drivers Education classes; but don't expect to hear it from students in the car simulator room.

Purchased one year ago for over \$50,000, 16 car simulators were installed into the Drivers Education/Behind the Wheel (BTW) curriculum. These devices are computer systems used in determining whether a student is fit to obtain a driver's license.

The process is done by projecting a filmstrip onto a screen which all simulators face. The film is a camera's view through a car windshield. The students are to pretend they are the driver of the moving car on the screen by operating the steering wheel, accelerator, brake, and turn signals on the simulator—just as little kids do in the back seat when Mommy is driving.

The difference between the kid in the back seat and the students is there is one computer that, at random, checks to see if each of the students is performing the operations as they should be if they were driving the car in the film. The results of these checks determines the grade of each student.

There is one computer checking all the simulators. It is programmed to match the demands of the film. At these random checks, the computer will trigger a warning signal to students who are failing to meet the qualifications for passing the tests. If these students quickly correct these errors, they will not be penalized.

For example, the computer is doing a random check for speed. A street sign on the film indicates a 35 mph speed zone while the speed indicator on the student's simulator reads 50 mph. A warning symbol is flashed on the student's dashboard to indicate they are going too fast. The student quickly slows down to 35 mph; therefore, the student is not penalized.

Pretty basic stuff, huh. Too basic.

Actual driving would be so much easier and safer if warning signs popped up on a car dashboard whenever a maneuver was necessary. A driver wouldn't even have to watch the road.

A driver of a simulator wouldn't have to watch the road either; or in this case, watch the film. All the students have to do is stare at the dashboard and watch for warning flashes. In fact, it is probably the easiest method of obtaining a perfect score; a student could do it half asleep.

"I think [a student] could squeeze by," Driver's Education Instructor Steve Kimery said of this method. "Kids can blow this off if they want to. If they want to dive real fast and slam on the brakes, they can do that."

So, what are the advantages of operating a car simulator rather than actually driving a car in BTW?

"By use of the film, we can present more decision making processes than BTW," Kimery said.

Well then, throw a Dirty Harry movie up on the screan and then students will see some tough decision-making processes for the road.

OK, maybe that's jumping it a bit; but at least the film would have the proper attention of the students.

Unfortunately, attention of the students is a problem. Students can't be expected to be motivated to operate a car simulator when they currently possess a driving permit and are operating a real car in BTW at the same time.

"A lot of it's up to the teacher [to motivate]." Kimery said. "We would hope teachers could keep a positive attitude in the driver."

But, as in any other class, teachers find it hard to motivate the students, most of which already have a negative attitude towards the simulators.

"I think [the simulators are] stupid," sophomore driving student Colleen Lasky said, "because you're not even driving. I get 90 percent and I don't even do anything. You're following a film. It doesn't compare to real driving at all."

Unfortunatly, these divices have been paid for; so to make use of them, students will have to continue to endure the boredom of using them.

The simulators just fail "the driving challenge" for students

The only challenge goes out to the teachers to keep the students awake.

Awareness

The administration yet again failed to tell the students about a major change that has taken place in the school.

The new gang policy, the locking of the school doors, and the i.d. checks at lunch have all been added to the school's rules without any type of explanation to the students. Add one more secret to the list.

Tom Hancock. Did you recognize his name? He is the new Athletic Director at West Chicago. He is a major part of the sports system at our school.

Not one effort was made to introduce the student body to Mr. Hancock. He has the power to spend thousands of dollars to buy supplies, uniforms, and other sports items and no one knows who he is.

It seems that the students are being slighted, but so has Mr. Hancock.

As an Athletic Director, Mr. Hansen was a very popular guy. Everyone knew him by name and he was a great guy to talk to.

Mr. Hancock may be a great guy too, but how is the student body supposed to know this?

The Press of West Chicago informed the town's readers of the the school's change, but the school itself hasn't.

Poor Mr. Hancock. It seems he'd feel bad that school has failed to recognize him. There has been two major pep assemblies so far this year. Two great chances to introduce him to the students.

The administration should make more of an effort to make Mr. Hancock feel like a Wildcat.

Days of Our Lives

By Nichole Cordin

No matter how late I stayed up on those fun filled summer nights, I always awoke at eleven to catch my favorite soap opera, Days of Our Lives on channel five.

Although the soap scene has been considered flaky and stupid, Days of Our Lives reached new soap depth this summer, and continues to do so.

The opening credits were changed for the first time in fifteen years in late August, bringing a modern twist to classic entertainment. Mc Donald Carey, the star of Days, re-did the voice over before the show also.

To update those of you who slept in, or attended summer school, Carly Manning, Bo Brady's wife to be, was buried alive, only to be dug up insane with amnesia. This made for a frightening and suspenseful plot.

Teenage love bloomed between Lucas and Carry, while bad actress Sammy developed bulimia.

You may find it hard to stay in touch with your favorite Days characters, but Soap Opera Digest and various 900 numbers along with a home video system are all ways to keep yourself informed.

Tales Of A Caffeine Addict

By Addie Panveno

Let me ask you a question: are you getting sick of Denny's? If you are, that is probably not a bad thing. If you are looking for an alternative where you can still sit with your friends and sip on good coffee, I have a few suggestions.

There are a few cafes here in the suburbs that serve up java and have really neat atmospheres. One of which happens to be my favorite coffee shop.

Cafe Trieste, located in Naperville across from the ever-popular Riverwalk, has everything from an iced mocha latte, to an ordinary cup of joe. They also offer the "Cappuccino Club": buy six, get one free. That's always a bonus.

There is also the Cafe Grateful Heart in Geneva. This cafe attracts all different types of people, and their espresso is the best around; it is so strong, you almost can't drink it.

Then of course there are the Chicago coffee shops, if you think coffee and surburbia just don't mix. Cafe Voltaire on Clark St. is always nice. They serve coffee as well as food, all being vegetarian and organic. Ihighly recomend the blue chip nachos, they're excellent. Voltaire also offers entertainment on various nights: theater, poetry readings, and performance art.

You really need to take a Denny's break.

There is also Java Jive which is basically across the street from Voltaire (on School and Clark). "The Jive" used to be a late night hang out for those getting out of Medusa's, but even though the club is gone, a lot of the same people still remain.

If you are looking for coffee and culture, or you just really need to break the Denny's habit, coffee shops offer all of the above. And if drinking coffee is not one of your favorite night time occupations, check out these coffee shops and that could change.

Fall Fashion Review

By Nichole Cordin

Four years ago, the ultra trendy style was the I.O.U sweatshirts in neon, and baggy pants that were tight at the top. You all saw it. But what's hip and happening now?

As stores are stocking up on sweaters, jeans, and flannel, teenage America is buying them out. Teenagers spend a large percentage of their income on clothes, so what are they buying?

Some of the most popular stores include The Gap, The Limited, Merry Go Round, Athletic Express, and department stores.

At The Gap you can find a pair of jeans just right for your body type for around thirtyfive dollars. Their sweaters are great, they never shrink, but they are on the expensive side, from forty to eighty dollars each. The Gap is the place to find the basics.

If you are feeling the urge for a more unique look, you might check out Merry Go Round. Lots-o-tassles, glitter, and bright colors make for a shopping adventure, and the sales people are more than helpful. Prices are not bad, depending on the garment you are purchasing.

Athletic Express has just merged with Foot Locker, and they expect to be getting beter quality items and more of them.

Teenage America spends a large percentage of their income on clothes. So what are they buying? You can find sports shirts, sweatshirts, and jackets to coordinate with your favorite team, although the main focus of the store is their wide selection of shoes at a decent price. The sales people are top-notch.

Department stoes are good on sales, but it's hard finding what you want in such a big area. Sales people do not work on comission, therefore may seem unfriendly. On a good day, however, you can get a whole bunch of clothes for 25% off. Finding your own style there is easy also, because the styles are so broad.

To answer the question above, "what's in style now?", decide for yourself. Start a new trend of your own. Good luck!



A view of Indiana Beach from the Sky-Lift.

Fun at Indiana Beach

By Nichole Cordin

This summer, vacationing fun was not far away. At Indiana Beach there is more than sand and a stupid looking crow.

Indiana Beach is located in Monticello, Indiana, about two and a half hours away (approximatly one hundred and twenty miles). You can stay for three days or for ten days for seven to eight hundred dollars.

There are not many hotels, but rather condos decorated in brown vinyl couches, and double knit polyester curtains. The condos are less expensive to rent out than hotels, and you clean them yourself.

None of the early eighties decor is a distraction though. The mornings are packed with water skiing, tubing, and swimming. One can rent a wave runner for about thirty-five dollars an hour. The afternoons are great for sunbathing at the beach and a long nap. Evenings are a blur of strolls along the boardwalk, beach volleyball with lifeguards, and blaring the Violent Femmes, a great summer album.

One main attraction of the Beach scene was the Gyronaut. The Gyronaut looked like a bunch of Life Saver's with you in the middle being maddly spinned around. The ride is run in the evenings, and it cost only three dollars. The operator of the ride, Brian Roake said "I love working the Gyronaut, although I can't be-

lieve people pay three dollars for it. Sometimes I let people ride it free."

Other favorite attractions include: the over-populated carp, The Famous Swinging Ride, The Sky-Lift, and the Schafer Queen, a large boat named after the lake, and mineature golfing.

At the arcade, you can find conversation with the the change boys, great chicken and cheese sandwiches, and a disco.

Truly this is a great summer experience that no one could ever forget. You are left with the Indiana Beach motto: "There is cheese to be eaten, boys to be met, and volleyball to be played!"

AIDS AND We-Go

By Nichole Cordin

It took Ronald Regan years to say the word "AIDS," even though it had been spreading for years.

Now, every 14 months, 2-3 in 1000 are infected with HIV. This means the likelihood of HIV victems roaming the halls of We-Go with you is more than high. What does this mean? Fear, anger, and a need for understanding and education.

When are people going to say "I don't have sex or do drugs because I am afraid of AIDS."? Unfortunatly, we are having sex, and we're not doing it safely. There is no form of protection that is 100% effective in preventing HIV infection.

Do you know how to put on a condom properly? Are you sure? Condoms are the most effective in preventing infection, about 98%, but when used in conjunction with a sponge, may help in the safety factor.

Why is AIDS spreading so quickly? Besides through infected blood transfusions (which rarely happens anymore because of high-tech blood tests) AIDS is almost completely preventable.

You need to understand that if you get AIDS, you are going to die. You need to understand that you get AIDS through sex. Even protected sex sometimes.

Make the decisions that make you comfortable, but take the responsibility. It is not your partner's fault if you become HIV infected, it is yours for not taking responsibility, man or woman.

FACTS YOU SHOULD KNOW ABOUT AIDS

- ●AIDS is not a gay disease. In the eighties, people believed this sterotype because the homosexual society began it's route out of the closet around the same time AIDS did.
- There is no cure for AIDS.
- ●You cannot catch AIDS through the air, through kissing, or casual encounters, but you can through sex, infected needles, and infected blood.

Behind The Mask

By Nichole Cordin

Anorexia and Bulimia were once thought to be a condition mainly found in white female teens and young adults, middle and upper-middle income families. That just is not so anymore. More and more teenage girls are escaping their realities and slipping into the dangerous cycle of eating disorders.

First of all, people with anorexia refuse to eat, even though they are shockingly thin. Bulimia is characterized by a binge-eating and purging routine. Binge-eating is an uncontrolled frenzy of eating incredible amounts of food from a few minutes to hours. Purging is mostly associated with vomiting and laxatives, but also can mean excessive exercising as a way to "purify" the body after a binge.

The use of food or the control over food is not the real issue of eating disorders. Stress, guilt, and a poor image are covered up with the preoccupation of food.

Bulimia and anorexia effect your health, and can lead to death if not treated. The extension of health problems relating to these diseased include teeth, heart, digestive organs, muscles, salivary glands, esophagus, and your menstrual cycle.

The sooner the eating disorder is recognized, the sooner and more effective treatment is. Some common signs are the abuse of purgatives, abnormal interest in food, depression, sever dieting and exercise, signs of secrecy, weight changes, changes in general appearance, and substance abuse. Skye Studabaker said, "I know people who think they are too fat or eat too much. It seems like the majority of teenage girls tink the same."

Eating disorders can be teated successfully. Along with hospitalization, psychotherapy can help people understand why they have eating disorders, and group therapy helps the whole family deal with the problems.

It is not hard to fall into the wrath of eating disorders, but it takes a lot of work to gain back what you purge away. Victims are not alone.

For more information, contact

NATIONAL ASSOCIA-TION OF ANOREXIA AND ASSOCIATED DISORDERS (312) 831-8438

ANOREXIA AND RE-LATED EATING DISOR-DERS INC. (503) 344-1144

NATIONAL ANOREXIC AID SOCIETY (614)436-1112

CENTER FOR THE STUDY OF ANOREXIA AND BULIMIA (212)595-3449 An Old Grey Haired Man

BY RACHEL OWENS
E=MC². So what does that
mean? We all know who wrote
it. A ugly, grey haired man
who died years a, o. This man
is Albert Einstein and he happens to be my hero.

Al was "the most intelligent man that ever lived" according to FDR. His accomplishments influence everyone. Not only did he write the relativity formula, he also invented the photoelectric eye which was later developed into what to-

Einstein was the smartest man that ever lived.

day opens the door for you when you go to the supermarket.

Einstein also won the Nobel prize for physics in 1921 and his accomplishments will still effect us in the future.

Originally from Germany, Einstein attended public school in Munich before moving to the United States. There he joined the Institute for Advanced Study at Princeton University.

Aside from his intelligence, he loved classical music and was a strict pacifist. Ironically, he helped in developing the atom bomb because he believed Nazi Germany would discover it first. A sad story about a man who had too much American pride.

Einstein was very religious but practiced no orthodox religion. He spoke of a inner, personal god. Interesting. Weird.

Roaring Rapids

By Raven Moore

Freedom. Beauty. Very cool.

Though summer is now officially over and Shotgun Eddy's River Rafting is closed, there's always next summer.

Shotgun Eddy's is a business that rents out rafts to anybody for a minimal price. Different courses on the river are available and anyone can join in on the fun.

A couple of friends and I chose a rather difficult journey that was scheduled to take us about six hours. The peacefulness and independence felt out on a river in the middle of Green Bay, Wisconsin, is just undescribable.

No one is around to bother you or tell you all about the river's history (yes-there is no guide). Just you and a couple of friends coasting down a rather shallow river with the sun's rays warming your body.

It's just undescribable!

About four rapids fill up the six to eight hour trip. The rapids vary from three foot drops to literally ten foot drops.

Eddy's concem for safety is of course another bonus. Life preservers are supplied free of cost and helmets can be provided, also for free, when requested. The helmet is a good idea, especially when being tossed out of the raft is common.

This all sounds great, but what about the cost, right? Well for just \$17.50 a person on Course #1 (most difficult) this incredible trip can be yours.

To save an extra dime or two, food can be brought on the raft. Although glass bottles and aluminum cans can not be brought. Only one Indian Reservation along the way provides food (hotdogs, sloppy joes, Snickers, Coke, and beer.)

Get ready to paddle hard, get a great tan, and overall have an enjoyable vacation. Shotgun Eddy's is located in Green Bay, Wisconsin (approx. 5 1/2 hour drive).

A view from the inside

By Anthony Mannella

People often view themselves different than others, or not as equal because of their appearance.

From a male point of view, I think that people, especially women, go way overboard about their bodies. I hate when women say, "I'm too fat", when they really weigh only 135 pounds.

Most women see themselves as overweight, and want to look thin. But why? It is because they think they have to weigh 100 pounds to be attractive. If a girl has a pretty face, but only weighs 95 pounds, men probably won't give her another look. All women want to look like supermodels, and spend most of their time doing so, yet a majority are very pretty to begin with.

Most women view themselves as overweight. Why?

Nine out of ten men, including myself, would much rather date a women with some definition, not a women with a straight up and down body.

Although some men only look at a women's appearance, others look at what they are made of inside.

A woman might have the best body, but if she is conceited or thinks she is better than others, that makes her unattractive.

Having a nice body is important and is an added bonus, but it is not what all men want in a women. They also want them to have a great personality.

HARASSMENT IN THE HALLS

BY NICHOLE CORDIN

Do people grab at you when you walk down the hall way? Do they make you feel uncomfortable? Sometimes, you laugh because you don't know what else to do. Most likely, they also say things about your body, your personal life and your clothing.

Sexual harasment doesn't have to happen, but it did one student. She said, "He would grab at my clothes, feel around

There are certain things we can do.

my back for my bra, ask me questions."

No one should have to deal with this, and no one is sure what to do when they are forced to. Senior John Jovanovich doesn't feel that harassment happens at all.

For those of us who are affected by this issue, there are certain things we can do

To begin with, define for yourself what harassment is. What kinds of suggestions, looks, and touches offend you, etc.

Next, be sure to report the incidents, and keep a record of the things that happen between you and the harasser.

Above Par Season for Golf Team

Raven Moore

"We should be one of the top teams in the Dupage Valley Conference this year if everyone plays up to their capabilities," Varsity golfer Bob O'donell noted. That was two days before West Chicago's best golfer was brought to the hospital after his appendix burst nearly four weeks ago. Tim Murphy's recovery has been very successful. He started golfing almost a week ago though the doctors thought he would not be golfing for another two weeks. His hopes for making state have darkened and his chances for a scholarship have weakened.

That has not discouraged Murphy though. "The doctors told me I can play this week so I'll be out there getting ready for state." He is hoping to play well in the next couple tournaments and make a bid for state.

Coach Tim Courtney has lent a helping hand to Murphy through his injury. Due to Murphy's misfortune, Courtney has sent out letters to colleges to pass around his name.

Murphy is the standout on the golf team,

but the team was not without talent during his absence. Top golfers Bob O'donell, Doug Berry, Tim Landis, Deklan Walsh, Eric Danek, and Jason Smith have tried to cover for Murphy, but success has not been seen

The team's record is 3 wins and 1 loss before Murphy's hospitalization and no wins and 11 losses without him.

"The team has really struggled without me, but I'm back," Murphy stated.

"All of the golfers above can average 43 or below." Red O'derrell roted. The team

below," Bod O'donell noted. The team, without Murphy, has lacked consistency though.

Before Murphy went down Coach Tim Courtney was quoted as saying,"I believe we will be much improved over last year." Last year the team ended the season with a last place finish in the DVC. It seems without Murphy for nearly the whole of the season a higher finish is not expected. With Murphy back success is possible. The Wildcats could still shine with consistent, reliable play from the top players. Although it hasn't happened yet.

Bad Start Hurts Volleyball

By Nichole Cordin

Volleyball coach Kim Walner tole the West Chicago press that the team was lacking confidence.

In the Dupage Area tournament, the Wildcat's (4-11) went 2-3 starting with a win against Dekalb. They lost to Wheaton Warrenville South in the second match 15-7, 15-10. Next, they beat Willowbrook 15-9, 15-2, and Chris Stewart had 12 service points. They were on the way to the championship round.

Things did not go as well against Adison Trail 15-0, 15-9 with a lot of errors. The team droped a 15-7, 15-4 decision to Wheaton North, lost to Naperville Central, and lost to Wheaton Warrenville South 15-7, 15-8.





Senior Brook Logan and junior Chris Stuart (above look to turn things around for the Lady Cats.



Serving is singles senior Tinna Martin.

Lady Cats Looking to Improve

by Anthony Menella

The ladycats are trying to improve from their sub-par, 12-7 (3-4) record from last year, which landed them in fifth place in the DVC.

Up until now, the ladycats are 13-3, 2-2 in conference play.

This year the team is led by singles senior Tina Martin (13-3) and the great doubles play of senior Carrie Netzel and junior Karen Hesterman (13-4).

A big surprise this year, has been the play of sophomore Aimee Miller. Miller is 13-3, and has shown a big improvement from last year.

Varsity coach Moeaki is confident of at least a fourth place finish in the DVC, and the ladycats have also set goals on winning 70 percent of their matches and qualifying two or three players in state.

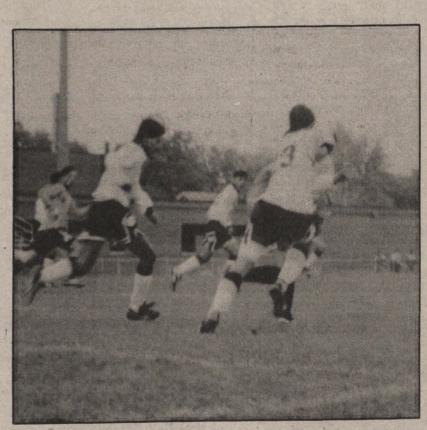
The team's toughest challenge came when they played conference rival Naperville Central. Although they lost, they played exceptionally well. "Even the Naperville coach came up and said that we

played them tougher than ever", said Moeaki about the ladycats great effort.

With two matches and a varsity invitational remaining, it will be important to win or play well at these matches. If they do win, it will improve their chances on finishing fourth in the DVC and help qualify two or three players for state.

UPCOMING MATCHES

Tuesday, October 5
Wheaton-Warrenville South
pm
Friday and Saturday, October 8 & 9
DVC Varsity Invitational at GBN
TBA
Monday, October 11
ST. FRANCIS
4 pm
Friday and Saturday, October 15 & 16
Sectionals
TBA
Thursday thru Sunday, October 21-23
State Finals



Wildcat soccer has been drawing the most attention during West Chicago's fall sports season.

Wildcat Soccer Kicks

by Rachel Owens

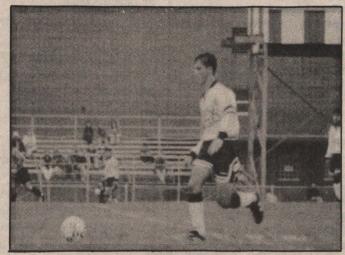
It was not until the Wildcat soccer team beat Glenbard South did their 3game losing streak come to an end.

Before that the Wildcats were undefeated and their fans were showing their support. "I really enjoy watching the soccer team because they win, unlike the football team," said Sharon Yule, sophomore.

The Cats had a tough week when they played Wheaton Warrenville South, Glenbard North and Lyon's Township. "Wheaton Warrenville South shook us up," said Nick Kerimi, attacker.

Before beating Streamwood 3-1, the Wildcats tied Glenbard North 1-1. Dan Schonenburger scored with 4:55 remaining in the second half.

Jose Munoz, keeper was awarded a shut out at their Rockford game played at home. The final score was 3-0. Our goals were scored by Alejondro Acosta, Miguel Perez, and Schonenberger.



Senior Billy Tuma has been a key to West Chicago's success.

Coach Bruno Owens attributes some of the season's success to "an excellent coaching staff." Steve Brugmen, Carlos Rodrigues, and Antonio Delreal, all put in a lot during the season to get the guys ready to play.

This years team is made up of 9 seniors, 10 juniors, 3 sophomores, and one freshman. With under classmen scattered throughout the lineup, the Wild-

cats are bound to improve in years to come. With a few younger players on the team, Bruno said, "They all work really well together." Nick Kerimiagrees and adds, "Our players are coming together and playing as a team. This is one of the best programs we have had.

"Chris Payton, freshan, loves playing with the upper classmen and adds, "It is a good experience." Payton is the only freshmen on the team and showed his talent when he scored a goal against Plainfield in September.

Sophomores Eddie Acosta and Dietrich Rudolph are both an important part of the Wildcat's line up. Acosta has scored numerous goals against such teams as Plainfield, Willowbrook, and Geneva to name a few. Rudolph, attacker, is the only underclassmen that starts. He has scored goals against Glenbard South, Plainfield, and West Aurora.

The entire team has a positive attitude and does not admit to fearing any team. Coach Owens feels that if they have a good enough record, regionals is a possibility, but admits, "We are in the toughest sectional in the state."

Nick Kerimi is confident that the Wildcat's winning season will continue. "We have a quality team", says Todd Reffet, defender. Jim Smiley adds "The soccer team did 10 times better than the football team." I guess that fall sports tension lives on.



We-Go swimming is off to another great start this season.

Swimming Success

By Raven Moore

The West Chicago girls' swim team has not been short on success the past few years.

In 1991 the team finished first in sectionals and third in state behind star swimmers Erin Meyers and Jennifer Vavrek. Last year the team again finished first in sectionals, but finished sixth in state behind standouts Corrie Gilgallon and Kate Ryan.

This year the team will strive for the same success that was achieved in the past. Kate Ryan is swimming in her final year at We-Go along with fellow seniors on the Varsity level, Jenny Weigand, Angie Lowell, Cheri Winkler, and Heidi Herold.

Why shouldn't the team do just as well if not better than last year?

"As far as depth in each event the team is the best we've ever had. They're may not be as naturally talented as we've had in the past, but they work

harder which will make the team stronger as the season progresses," Varsity coach Dan Johnson revealed.

The team is also quite alot bigger than in the past. Largely do to the fact that the West Chicago Sharks has really advanced and prepared swimmers for the high school team. This year Sharks has more swimmers than ever before.

It seems the only strike against the team is the fact that the team lacks real depth in free style events. Coach Johnson noted that in high school swimming in order to be a team that can compete at state there has got to be great depth in the free style events.

As far as state competition goes the team wants to remain among the top teams in the state. "If we have a good season with consistent training and if we stay healthy and focused we could easily be one of the top ten teams in state. Our goal is to remain a permanent fixture in state competition and we really have the potential to do so," Johnson revealed.

Donash Not Throwing in Towel

by David Vingren

Here it is, painful but brief.

West Chicago football is winless in five games. They've been outscored 110-12. They still have yet to play the No. 2 and No. 1 teams in the area.

The result of such facts, at any level, is usually increased playing time for rookies or underclassman to prepare for the next season.

Not the case here.

"I'm not worried about next year,"
Head Coach Bruce Donash said. "I'm
not worried about whose coming up for
the future. I don't like to look ahead that
far. Nothing is ever promised as far as
the future is concerned. We've just got
to take it game by game."

There still remain four games, two of which come against the Associated Press No. 2 and No. 1 ranked teams in the Chicagoland area—Naperville North and Wheaton Warrenville South.

It might seem that the Wildcats would struggle to get motivated for the remainder of the season, especially while playing such powerhouses.

"Motivation comes from within and I don't see that as a problem," Donash said.

Even after an 0-5 start, Donash holds great pride in his players.

"We got a great bunch of kids. The work ethics are fantastic. They're positive kids and classy people. I'm extremely proud of them.

"I don't know that there's one reason [for the bad start]. I would say inexperience and a lack of confidence."

The inexperience results from the graduation of the bulk of last season's 5-4 squad.

"We just need to keep repeating, repeating, and repeating the fundamentals of our offense and defense till [the players] feel confident with them and their role on the team."

The only probable West Chicago victory will be against Glenbard East (0-3 in DVC) at home on October 15; otherwise, the Wildcats will most likely be over matched at Naperville Central this Friday (October 8), at Naperville North on October 22, and at Wheaton-Warrenville South on October 29.



Junior Nunzio Castellano looks on in frustration against Glenbard South.

Top 10 Good Things About The Wildcat Chronicle By Matt Stewart

- 10. Makes a great fire.
- 9. So basic even Beavis and Butthead can understand it.
- 8. Is already in easy to light up form.
- 7. Is slightly more entertaining than Dr. Jones.
- 6. It's free!
- 5. It has already paper trained over 100 dogs.
- 4. Enough space between articles to play tic-tac-toe.
- Enough errors to entertain little brothers and sisters in grade school English.
- (This space for rent!!!)
- 1. To put it short- You could mow the lawn in the amount of time it took them to put this crap together.

(note: This is not in any way affiliated with The Chronicle and thank God for that!)